

# Learning Reimagined

## Strategies for Virtual Learning



**Materials:** keep all needed supplies in a central location



**Learning Space:** designate an area for learning that is free from distractions



**Schedule:** develop a daily routine and keep to it

## Preparation



**Technology:** ensure that Internet, system requirements, & audio/visual work properly



**Login:** create a system for saving usernames, passwords, & websites

### by grade level



#### Elementary

- Get plenty of exercise. Physical activity helps kids think better.
- Remove learning barriers.
- Reward students for staying on task.
- Check learning progress regularly.
- Make it fun!



#### Middle

- Remind students to take notes, study, and complete ALL assignments.
- Stay in touch with teacher(s).
- Plan a virtual study date.
- Keep a positive attitude.
- Use incentives to reward good work.



#### High

- Encourage students to join a virtual study group.
- Get organized with a planner or time management app.
- Play music to keep focused.
- Seek help from teachers or resources such as tutor.com.

## For parents

Being a parent has many challenges, and the current pandemic has added more. It is important for parents to find a balance for work, life, and the education of their children. Consider the following:

- ⇒ **Model hard work:** discuss with your children your own work schedule and goals. Let them know of deadlines you have or conference calls you have to attend. Set up a designated work area for you.
- ⇒ **Reduce stress:** find a way to manage stress. Get exercise daily. Have children help with household chores to reduce your workload. Let older siblings assist younger children.
- ⇒ **Build a support network:** reach out to a friend or co-worker to ask advice, vent to, or share how things are going.



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## Academic

**AAA Math:** interactive math lessons for K-8 — <https://www.aaamath.com>

**AAA Spell:** enter spelling and vocabulary lists for practice lessons — <https://www.aaaspell.com>

**Amazing Educational Resources:** list of educational websites — <https://www.amazingeducationalresources.com>

**American Heritage Education Foundation:** articles, lesson plans, and videos — <http://americanheritage.org>

**Duolingo:** language learning website — <https://www.duolingo.com>

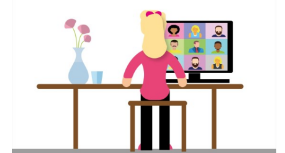
**Free Online Art Class:** step-by-step instructions for basic skills and techniques — <https://www.free-online-art-classes.com>

**Khan Academy:** online lessons, practice, and test prep — <https://www.khanacademy.org>

**Newsela:** learning materials for K-12 — <https://www.newsela.com>

**Read Works:** reading comprehension and tools for K-12 — <https://www.readworks.org/>

**Tutor.com:** free online tutoring for USMC dependents in K-12 — <https://military.tutor.com/home>



## Social / Emotional

**Better Kids:** activities and articles — <https://betterkids.education/parents>

**Center for Early Childhood Mental Health Consultation:** resources to promote positive well-being — [https://www.ecmhc.org/materials\\_families.html](https://www.ecmhc.org/materials_families.html)

**Centervention:** social/emotional learning activities — <https://www.centervention.com/social-emotional-learning-activities/>

**Classtag Resources:** resources — <https://resources.classtag.com/top-5-resources-for-social-emotional-learning-at-home/>



**Ed Surge:** articles on social / emotional learning — <https://www.edsurge.com/news/topics/social-emotional-learning>

## Physical Activity

**Fit Kids Healthy Kids:** activities and games to encourage movement — <https://fitkidshealthykids.ca/>

**Go Noodle:** movement & mindfulness videos — <https://www.gonoodle.com/>

**Online Physical Education Network:** tools, games, & calendars to create an active home — <https://openphysed.org/>

**PhysEdGames:** grade level games & activities — <https://physedgames.com/>

**Shape America:** curriculum, resources, self-care — <https://www.shapeamerica.org/>



## Behavioral

**Autism Speaks:** articles and tips on behavior challenges — <https://www.autismspeaks.org/behavioral-resources>

**Child Mind Institute:** guide to consistent and effective parenting — <https://childmind.org/article/managing-problem-behavior-at-home/>

**Cincinnati Children's:** behavior management articles — <https://www.cincinnatichildrens.org/patients/coronavirus-information/family-resources/behavior-management>

**NAEYC:** articles on challenging behavior — <https://www.naeyc.org/resources/topics/guidance-and-challenging-behaviors>

**Sesame Street:** games, videos, resources — <https://www.sesamestreet.org/caring>